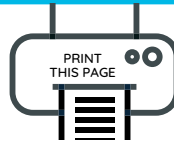




# Welcome to the Worship@home Children's Worship Packet

Remember these two signs?



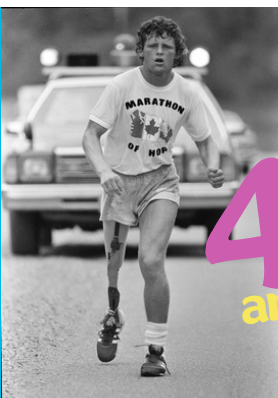
and



Try printing out only the pages which are relevant to you & look at the others on a device to enhance your worship experience at home!

## Sunday September 20, 2020

# BRIGHT



**40<sup>TH</sup>**  
anniversary

## Terry Fox

is a great example  
of **determination** and taking **small steps**  
to accomplish something  
**GREAT**

see the last two pages for some great resources



# Songs:

**This is Amazing Grace  
Raise an Hallelujah  
O come to the Altar**

**Host: Donna**

**Payer:**

**Communion: Kevin**

**Alpha: Jim Chen**

## Sermon:

**Herbie Kuhn**

**What is it that amazes the Lord?**

# Communion

Parents: as you serve communion in your homes, if it helps, say these phrases as you hand the items to each person:

"Christ's body was broken for you"

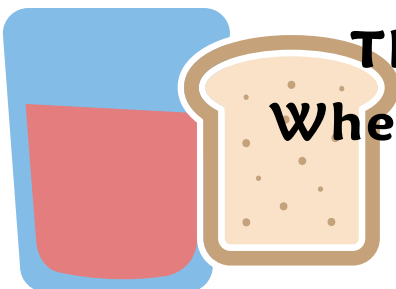
"Christ's blood was poured out for you"

The juice represents Jesus' \_\_\_\_\_

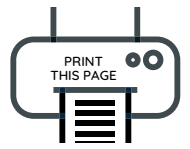
The bread represents His \_\_\_\_\_.

When we take communion we remember

\_\_\_\_\_



David spent  
many days and years  
learning skills .



Years later God used those  
skills  
to save His people!



# David and the Sling Shot

**1 Samuel 17**

Retold by Stephanie Kuhn



## Ugh!

David untangled his sling and reset the stone in the pouch. He lined up the strings, and started it swinging again. OW! He held his shoulder as the stone in the pouch bounced off him. “God, how is this thing supposed to work?”

He took a deep breath and started again. “Stone in pouch. Hold the string. Swing backwards, over my head, other side, around, and let go!” The stone left the pouch and fell a few feet in front of him. “Well, at least it went forward.” David thought.

David practiced a few more times before putting it away and pulling out his harp for a while. It was getting darker, and the sheep liked to hear music as they settled for the night.

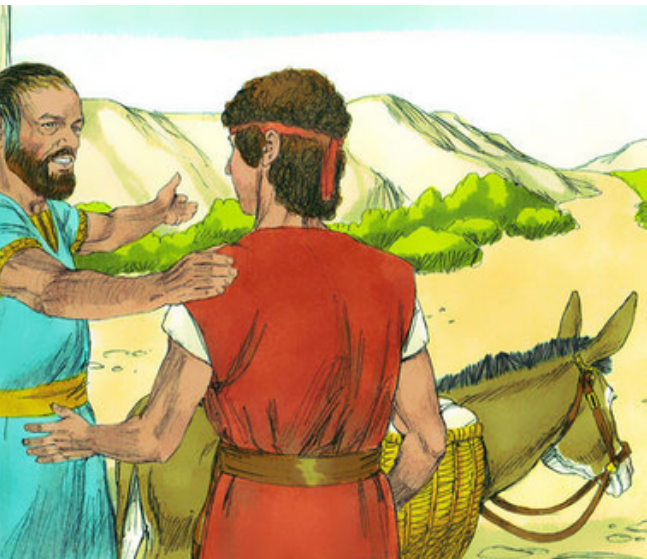


David used his slingshot a lot. First he aimed at trees and big boulders. When he got better, he aimed at smaller targets farther away. Once he used his slingshot to scare a fox away from the flock!

David spent a lot of time with the sheep, making sure they had plenty of green grass to eat, and protecting them from hungry predators. Sometimes he had to run fast to save a lamb from going in the wrong direction and getting lost. Sometimes he had to pick up sheep and carry them back to the flock.



Then there was the time he rescued a sheep from a lion’s mouth! The lion turned to attack David but he grabbed the lion’s mane and struck it down. A bear tried to take away a sheep, but David fought it too! Being a Shepherd gave him a lot of time to talk with God, and a lot of time to become a fierce, strong, protector.



A few years later, David's father Jesse asked him to go to King Saul's army to take food to his brothers. While he was at the camp, he heard the Philistine giant Goliath taunt the fearful Israelite army. David couldn't believe it! How could all these fighting men in God's army be afraid?

David knew he could fight and win, because of all the things that made him strong. He carried and chased after sheep. He was expert with a slingshot. He knew how to use his staff to protect himself, and to fight an enemy. Most of all, he knew that God is the rescuer.



So David took his staff, his sling, and five smooth stones, and ran to the battle line. Goliath was surprised at this young man in front of him, and sneered threats and curses. While David slipped a stone into his sling, he declared "I come against you in the name of the Lord Almighty!"

He swung the sling around, and fast as lightning the stone shot out and hit Goliath, and he fell down dead!

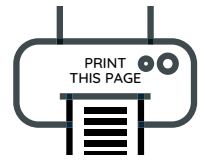
There was silence, and then the Philistines turned and ran. They knew they couldn't win against Israel's army and their God. The Israelite army shouted in victory, and chased them all the way back to the Philistine territory.



When David was a young shepherd, he wasn't training to become a Warrior, or to kill giants. But he worked carefully and steadily at what God had given him to do. So, when the time came, David was strong, skilled, trusted God, and was able to do the bigger task God had for him.

Use this PANDEMIC wisely to prepare yourself for what God has for you to do in the future!

# Sync with the SERMON! ELEMENTARY



Have FUN!  
Make a plan!

# I want to AMAZE GOD Plan!

## Pray this Week Plan

### Pray on Monday

God what do you want me to work on during the pandemic so that I am ready for you to use me when it is over?  
(Listen to the ideas in your heart and mind)  
IDEAS:

### Pray on Tuesday

God what do you want me to work on during the pandemic so that I am ready for you to use me when it is over?  
(Listen to the ideas in your heart and mind)  
IDEAS:

### Pray on Wednesday

God what do you want me to work on during the pandemic so that I am ready for you to use me when it is over?  
IDEAS:

### Pray on Thursday

God I kind of feel you are telling me to work on \_\_\_\_\_  
Can you please reassure me that I am hearing you right?:

### Pray on Friday

God I kind of feel you are telling me to work on \_\_\_\_\_  
Thank you for leading me in this way. Help me with my plan to make it happen!

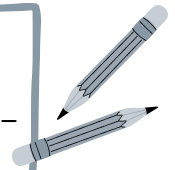
## Do between now and Christmas Plan

I want to work on...

I am going to work on it  
\_\_\_\_\_ days a week  
for \_\_\_\_\_ minutes

### Goal for September

Jesus help me to be able to do \_\_\_\_\_  
by the end of September



### Goal for October

Jesus help me to be able to do \_\_\_\_\_  
by the end of October



### Goal for November

Jesus help me to be able to do \_\_\_\_\_  
by the end of November



### Goal for December

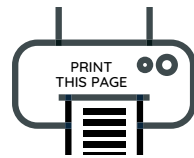
Jesus help me to be able to do \_\_\_\_\_  
by the end of December



This plan is only until December. If you would like to, you can continue it after that on your own sheet of paper!

# Sync with the SERMON! *anyone*

## Praise and Move!



Below you will find six different exercises that will help keep your body healthy and strong. Each station has an image of the exercise and a short explanation of what to do. At the bottom of each card there is also a Bible verse to remind us that we are created to glorify God in all we do!

Cut out the station cards and tape them in your room or around your house. While playing your favorite worship and praise music follow the circuit for a fun time of exercise together as a family.

Spent 30-60 seconds at each station before moving to the next exercise and try to do each exercise station twice.

### ROMANS 12:1

**GIVE YOUR BODIES TO GOD. LET THEM BE A LIVING AND HOLY SACRIFICE.**

Looking for some music to move to?  
Why not try, God is for Me (by Lifetree Kids) on Youtube!



### Temple Pose

Can you balance on one foot? Try to stand as still as possible, like a temple, on one foot or two and take a few deep breaths. See how long you can balance for!



**1 Corinthians 6:19** Do you not know your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own?

### Stretching Prayer

As you stretch out in the pose shown below, pray and thank God for how He made you. God is always listening, so we can always talk to Him!



**1 Thessalonians 5:17**  
**Pray continually**

## Dance for God

In everything you do you can praise God! How can you move and grove for God?



**1 Corinthians 10:31** So whether you eat or drink or whatever you do, do it all for the glory of God.

## Push ups/ Wall Push-ups

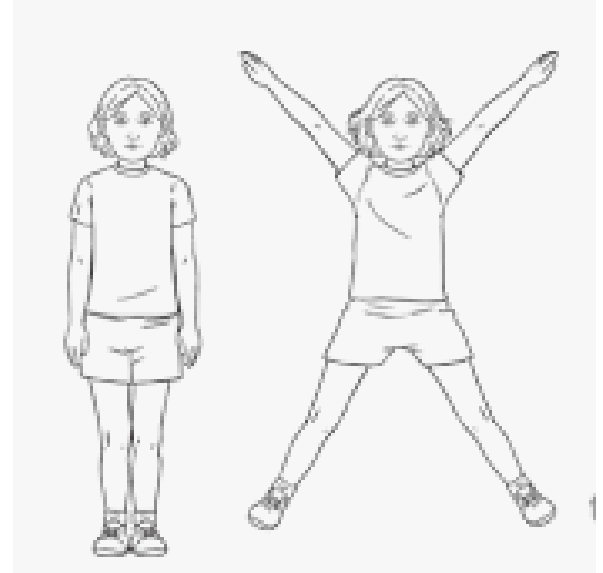
Start by getting into the position shown below, slowly lower your body down and then push your body up. You can also lean against a wall and push your body away from the wall to do a wall push-up.



**Philippians 4:13**  
I can do all this through him who give me strength

## Star Jumps

Can you look like a shining star? Jump as high as you can and stretch out your arms and legs! Do this as many times as you can.



**Psalm 147:4**

He counts the number of stars, and he gives names to them all

## Jumping for Joy

Jump or hop up and down for 30-60 seconds!  
What are you joyful for?



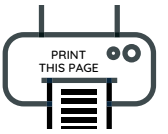
**Psalms 9:2-3**

I will jump for joy and shout in triumph as I sing your song and make music for the Most High God.



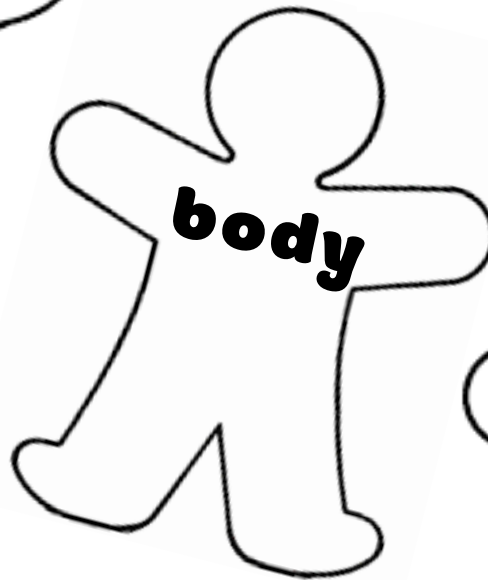
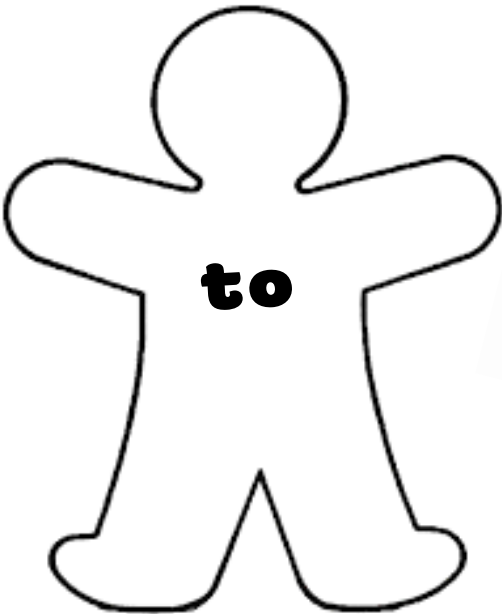


# PRESCHOOL bible memory



## ROMANS 12:1

### GIVE YOUR BODIES TO GOD.



#### HOW:

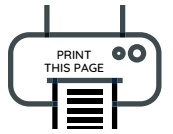
Print and cut out the 5 "body"s. Place them around the house.

Have your Preschooler 'run' and get them and bring them to a central place. Put them in order and Say them out loud (with actions!?).

THEN DO IT AGAIN!!



ELEMENTARY



**Bible memory page**

# ROMANS 12:1

SO, BROTHERS AND SISTERS,

I PLEAD WITH YOU

TO GIVE YOUR BODIES

TO GOD.

LET THEM BE A ○ ○ ○ ○

LIVING ○ ○ ○ ○  
○ ○ ○ ○

AND

HOLY ○ ○ ○ ○

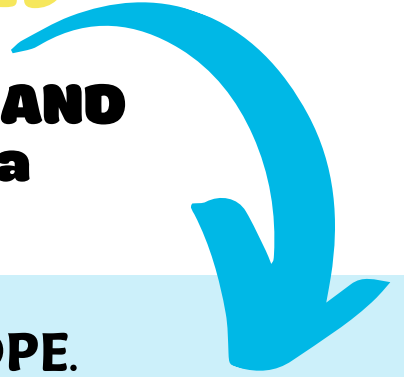
sacrifice

- THE KIND HE WILL ACCEPT -

# VIDEOS AND OTHER RESOURCES



**search on YouTube AND RIGHTNOWmedia**



**1**

## **Terry Fox videos: Marathon of HOPE.**

Video of his story: <https://www.youtube.com/watch?v=3BzyHYZgMz8>

KIDS song video: <https://www.youtube.com/watch?v=Ov3xisvrFII>

**2**

**rightnow** MEDIA

## **Story of David and Goliath: Right Now Media**

The Story of David and Goliath: Animated Stories of the Bible  
<https://www.rightnowmedia.org/Content/KidsSeries/969?episode=1>

"David and Goliath", Greatest Heroes and Legends of the Bible  
<https://www.rightnowmedia.org/Content/KidsSeries/138750?episode=10>

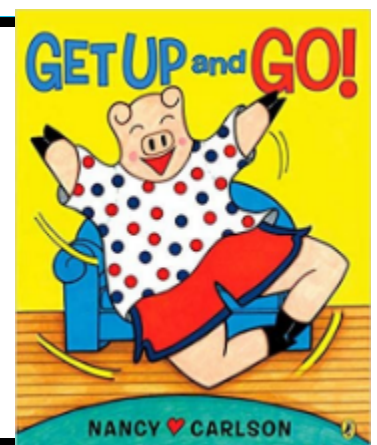
## **Chris' really great book to check out!**

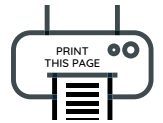
### **Get up and Go. by Nancy Carlson**

We all come in different shapes and sizes, and it doesn't matter if you are tall, short, skinny, or round. Your body is your own, and you need to take care of it. This book is the perfect catalyst to get readers moving. Vibrant, fun-filled illustrations and an encouraging text explain the many great reasons to exercise, from making new friends to going new places, or just because it's good for your body. Nancy Carlson's gleeful, kid-friendly story is sure to make readers young and old get up and exercise!

Find it Read aloud ON YOUTUBE AT:

[https://www.youtube.com/watch?v=qMt2\\_scBnxs](https://www.youtube.com/watch?v=qMt2_scBnxs)





As an example to us, Terry Fox was determined to do something great, choose one word which YOU admire about Terry Fox. and create a design of that word.



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Marathon of Hope

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Terry Fox encourages me to be ...